### **Surgery Contact Details**

## **Pharmacy Contact Details**



www.aspirepharma.co.uk

#### Reporting of Side Effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the product's package leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/ yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

# Your Patch Application Record Card

Sevodyne patches have been prescribed for you by your doctor to relieve moderate, long-lasting pain that requires the use of a strong painkiller.

Use this card to record when you apply your patches.

**Patient NHS No:** 

# **Your Patch Application Reminder**

|         | Month 1                   | Month 2                   | Month 3                   | Month 4                   | Month 5                   | Month 6                   |
|---------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
|         | I change my<br>patch on a |
|         | Day:                      | Day:                      | Day:                      | Day:                      | Day:                      | Day:                      |
|         | Time:                     | Time:                     | Time:                     | Time:                     | Time:                     | Time:                     |
| Patch 1 | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     |
|         | / /                       | / /                       | / /                       | / /                       | / /                       | / /                       |
| Patch 2 | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     |
|         | / /                       | / /                       | / /                       | / /                       | / /                       | / /                       |
| Patch 3 | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     |
|         | / /                       | / /                       | / /                       | / /                       | / /                       | / /                       |
| Patch 4 | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     | Date:                     |
|         | / /                       | / /                       | 1 1                       | / /                       | / /                       | 1 1                       |



- 1. Make a note of the day you change your patch.
- 2. Add the date each time you change your patch, you should change your patch every seventh day at approximately the same time of day.
- 3. Tick the box showing when you've applied it.

Do not use the same area again for three to four weeks.